



Teen Leadership Camp
(TLC)

PARENT / STUDENT ORIENTATION

Rotary International, District 5300

Teen Leadership Camp 2026

March 20-22

Camp Cedar Crest

Running springs, CA

TONIGHT'S AGENDA



Teen Leadership Camp
(TLC)

WHAT TO EXPECT

- ❖ Welcome Students & Parents
- ❖ Introductions of Rotarians
- ❖ Goals of TLC
- ❖ What to Expect at TLC
- ❖ What to Bring to TLC
- ❖ What Not to Bring to TLC
- ❖ Q&A



WELCOME TO T.L.C.

Rotary
District 5300



Teen Leadership Camp
(TLC)

What Is TLC

- ❖ TLC is a 3-day intensive leadership training program for outstanding 8th graders, done under the supervision and care of capable, responsible and inspirational volunteer leaders.
- ❖ The program is sponsored and paid for by the Rotary Clubs of District 5300. You will meet Rotary decision-makers from your community and learn about other Rotary programs for young people.
- ❖ The Teen Leadership Camp experience prepares young people to be leaders in their community, profession and other facets of everyday life
- ❖ Students will interact and participate in activities with over 200 peers from areas throughout our District which encompasses Clubs from the Eastern Los Angeles area, Inland Empire, High Desert and Southern Nevada.

WELCOME TO T.L.C.

Rotary
District 5300



Teen Leadership Camp
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What do we do at camp?

- ❖ Get ready for three days of excitement! We have a program that includes;
 - ✓ Inspirational speakers
 - ✓ Teambuilding activities
 - ✓ Small group discussions, and of course-
 - ✓ Building relationships with peers from around our district!

INTRODUCTIONS

Rotary
District 5300



Teen Leadership Camp
(TLC)

TLC VOLUNTEERS

Who Will Be at Camp?

- ❖ District 5300 TLC Committee
- ❖ 16 Rotarian Advisors
- ❖ 16 RYLA Alumni (Senior Advisors)
- ❖ 10 Lab Leaders
- ❖ Numerous other positions.

GOALS OF TLC



Teen Leadership Camp
(TLC)

WHAT SHOULD YOU GAIN

- ❖ Offer young people the opportunity to debate issues of professional responsibility and human relations, and to improve leadership skills
- ❖ Reinforce and provide recognition for efforts, accomplishments, skills and potential as leaders
- ❖ Develop an understanding of Rotary among youth participants
- ❖ TLC places an emphasis on:
 - Development of personal skills
 - Development of leadership skills
 - Improving self confidence
 - Gaining exposure to a variety of issues and people
 - Improving career skills and knowledge
 - Meeting and learning from community leaders and mentors

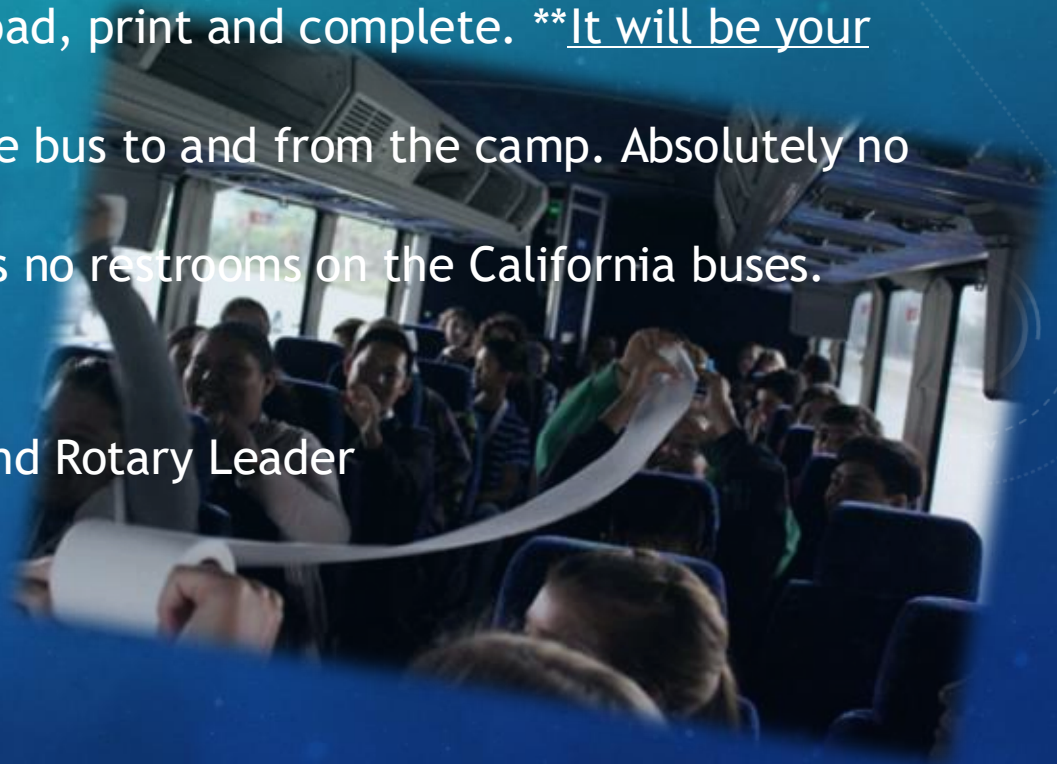
WHAT TO EXPECT



Teen Leadership Camp
(TLC)

DAY ONE

- ❖ A very early start to your day: You should be at your bus pickup locations by the time listed on your What To Bring/Bus Info papers.
- ❖ Medical Release Form - Download, print and complete. **It will be your ticket to board the bus
- ❖ Every participant **MUST** ride the bus to and from the camp. Absolutely no exceptions will be made.
- ❖ The buses do not stop. There is no restrooms on the California buses. Bring water / snacks.
- ❖ Arrive at TLC mid-morning
- ❖ Meet your Group, Facilitator and Rotary Leader
- ❖ Lights out at 10:00 pm



WHAT TO EXPECT

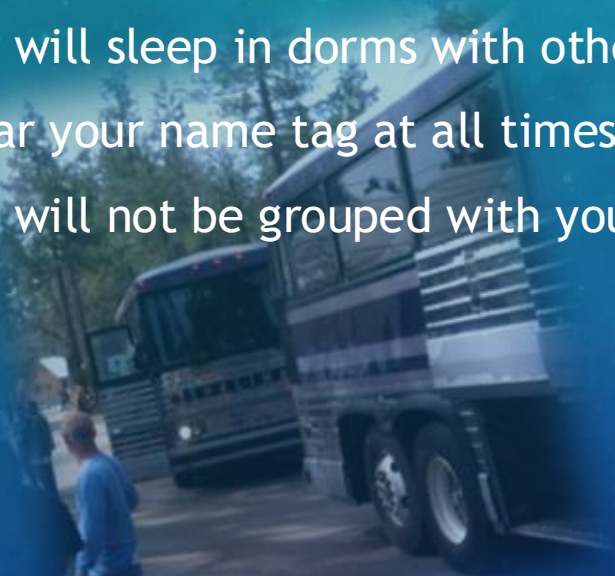
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Teen Leadership Camp
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DAY ONE (continued)

- ❖ Expect to have to carry your luggage, as well as your sleeping bag and pillow. Pack lightly
- ❖ Prepare for all kinds of weather
- ❖ You will sleep in dorms with other students
- ❖ Wear your name tag at all times hang at the foot of your bed at night
- ❖ You will not be grouped with your hometown friends



WHAT TO EXPECT

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Teen Leadership Camp
(TLC)

LARGE GROUP SESSION & LEADERSHIP LABS

- ❖ General sessions are large group meetings with great speakers
- ❖ Students host the General sessions
- ❖ Smaller group labs will challenge you, reward you, frustrate you and teach you more about yourselves



WHAT TO EXPECT

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Teen Leadership Camp
(TLC)

MEALS & SOCIAL ACTIVITIES

Opportunities to meet new people and make new friends.

- ❖ Mealtimes will provide an opportunity to mix with students from other cities and meet other facilitators
- ❖ Great food served family style
- ❖ Fellowship Activities



WHAT TO EXPECT

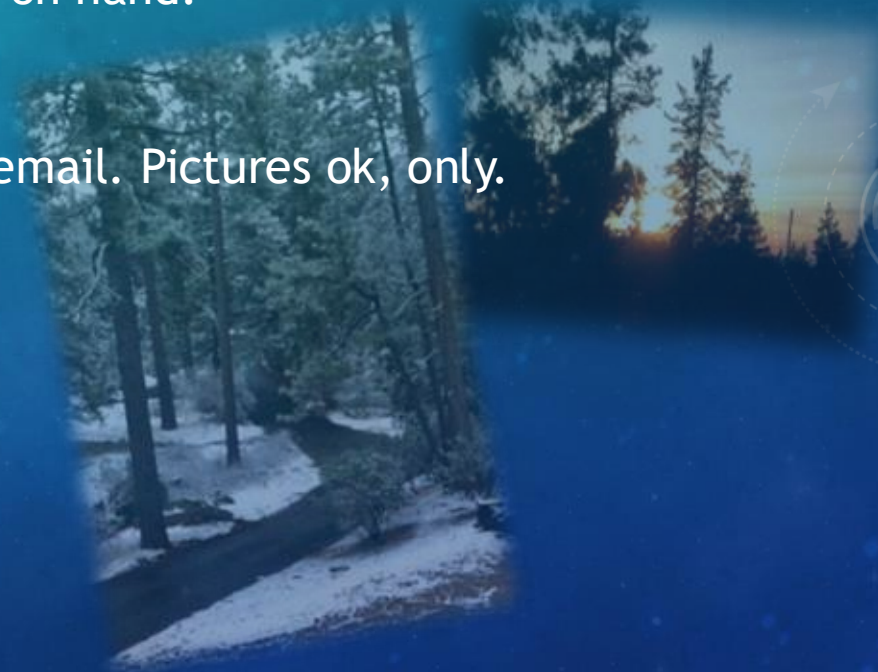
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RULES

- ❖ TLC Guidelines of Conduct will be reviewed at camp, on your first day.
- ❖ Curfews are in place, and security is on-site.
- ❖ Emergency physician/nurses are on hand.
- ❖ Find it clean & leave it clean.
- ❖ No cell phone usage, texting or email. Pictures ok, only.



WHAT TO BRING



- ❖ Sleeping bag, pillow, toiletries, bath towel, wash cloth,
- ❖ A warm jacket, hat, gloves and rain gear
- ❖ Flashlight & batteries, travel alarm clock, lip balm, sunglasses, cheap camera, pen or pencil, day pack to carry your things.
- ❖ Jeans, sweats or slacks, water resistant boots or shoes, warm sleepwear, long-sleeved shirts, changes of underwear.
- ❖ Sweaters and/or sweatshirts, several pair of socks, flip flops or shower shoes. One TLC sweatshirt & T-Shirt will be given to you at camp.
- ❖ Pack all of your gear in a duffel bag or other suitable luggage that you can carry a far distance.
- ❖ **Also, bring a few large trash bags** in which you can place your luggage, sleeping bag, pillow etc... in case of rain or snow.
- ❖ **A sense of humor and a great attitude!!**

WHAT NOT TO BRING



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- ❖ Weapons of any kind
- ❖ Alcohol or illegal drugs
- ❖ Valuables of any kind
- ❖ Cigarettes, Vapes, matches or lighters
- ❖ Laptops, tablet computers, video games, etc.
- ❖ Formal attire/Swim clothes
- ❖ School work - there is no time to complete it!

TLC INFO



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YOUTH PROTECTION

- ❖ District 5300 is committed to creating and maintaining the safest possible environment for all participants.
- ❖ Procedures have been created to safeguard both our youth and adult members.
- ❖ All Adults at TLC have gone through Youth Protection Training and an FBI Background Check.

QUESTIONS?



Any questions feel free to contact TLC Chairs:

❖ Mae Ismael
Mismael.rotary@gmail.com

❖ Raghada Khoury
Raghada@khouryent.net



TLC Website (Bus Schedules, Medical Release Form,
Packing List, etc.)

<https://www.district5300.org/tlc/>

TLC Facebook Page

<https://www.facebook.com/TLCDistrict5300/>