

March 20-22, 2026

What To Bring:

Sleeping bag and pillow
Bath towel & wash cloth
Toiletries, soap, blow dryer
Flip flops or shower shoes
Flashlight & extra batteries
Travel alarm clock
Pen or pencil, small notebook
Lip balm, sunglasses
Snow & Rain gear
Water resistant boots or shoes
Warm sleepwear
Warm jacket, gloves, hat, and scarf
Underwear/socks (several pair of each)
Jeans, sweats, slacks
Long---sleeved shirts, sweatshirts,
Sweaters

What NOT To Bring:

Illegal Drugs
Swim clothes
Real or "Virtual Pets"
Knives, guns, sling shots, any kind of
weapon
Alcohol, drugs, cigarettes or e cigarettes
Matches, lighters
Laptops, TVs, Video Games, MP3 or CD
players
Fire crackers, explosives, pyrotechnics
Valuables such as jewelry, watches,
excessive cash
No sandals or flip flops (shoes must be
worn at camp)
Homework (there is no time)

**Cell Phone use will not be allowed
during any active sessions.

- All prescription and over the counter medication must include a signed, parent permission note that includes the parents phone number. All medications must be clearly marked with the students name and must be in the original container, no loose medication. Place all medication in a gallon size ziploc bag with your name.
- This camp is at an altitude of nearly 6000 feet. Weather can be unpredictable Dress in layers. Be prepared for anything!
- Pack all of your gear in a duffel bag or suitable luggage that you can carry. You may have to carry all of your items up to 100 yards.
- Bring large plastic trash bags, to wrap up your luggage, sleeping bag and pillow, in case it rains.
- Any violation of the rules of the camp and/or of TLC will immediately require that your parent or guardian come and remove you from TLC.

Camp Contact Information

Camp Cedar Crest: 359 Thousand Pines Rd. 33325 Green Valley Lake Rd. Running Springs, CA 92382
24 Hour - in case of emergency only (909) 867-2531